

The World GROOVE Movement™ Educations



Frequently Asked Questions

How much is the training?

The 2 day education is US\$500 early bird, US\$550 regular, if you add the second modality, the 3 day education is US\$750 early bird, US\$800 regular.

What is the difference between KIDS and ADULTS Educations?

There are different teaching approaches and techniques used to provide the **GROOVE** experience for the Adult demographic versus the Kids (4 -14 years old). During your education you will learn theory and teaching methodology for whatever modality you chose to pursue. The **GROOVE** Kids experience is much more dynamic, interactive and outgoing. Prepare yourself for a lot of energy if you'd like to share the **GROOVE** experience with Kids!

Is there an online education available?

No, all our basic education, for adult and kids programs are in person on-site.

What are the requirements?

There are no requirements. If you love to move and can connect to music and would like to share The **GROOVE** Method® in your community, you are in the right place.

Do I have to be a dancer to attend your education?

No, as long as you love to move your body to music, and you are confident to stand in front of people to provide a class, you are in the right place (and confidence builds with practice!).

We do not teach people how to dance, but provide a space for people to tune into their own creativity and authenticity through movement.

What happens after the education weekend?

You will need to complete a practicum (6 practice classes) to put into practice what you've learned during the education.

Then submit one of your classes to us (online video submission) along with feedback from participants from your classes and yourself. Once we receive your practicum, you'll hear from us within 10 days with feedback and a certificate upon approval.

The World **GROOVE** Movement™ provides you with everything you need to get your 6 practice classes going; video tutorials, sample playlists, marketing materials etc.

Are there additional costs after the education?

The **GROOVE** Method® is a licensed program, 90 days after your initial education, you'll have to activate your license to provide **GROOVE** Experience.

Do I get a certificate?

Yes, you'll get a certificate after you've completed your practicum, which certifies you as an official Facilitator of The **GROOVE** Method®.

Where can I provide classes?

Community centers, Fitness / Yoga Studios, outdoors, basically any space you can get your groove on!

You just need a big enough room to dance in, a sound system, your playlist and perhaps insurance or a permit depending on your community (country) or location.

Can I go into schools after I've attended the Kids education?

Yes. You may provide classroom **GROOVE** Experiences, but if you'd like to pursue larger group presentations, you'll need approval from the Education department. We also highly encourage anyone who is interested in grooving kids in schools to collaborate and work with our partners who have been doing this work in Canada since 2011. Please contact [Dani](#) for more information.

Where do you have educations?

Please check the Calendar on our website:

www.TheWorldGROOVEMovement.com for upcoming trainings and events.

Is the GROOVINmyLIFE Workshop the same as a training?

Can I provide **GROOVE** classes afterwards?

No, the GROOVINmyLIFE workshop is an immersion into the **GROOVE** philosophy and how to integrate it into your daily life. It's a combination of grooving, meditations and group activities, centered around personal-growth.

This workshop does not cover techniques on how to facilitate The **GROOVE** Experience but it's a great entry point into the philosophy and community.

We highly recommend taking a GROOVINmyLIFE workshop with Misty or one of our Master teachers.

I'm 50+ years old, is **GROOVE** something I could do and provide?

Absolutely! You'll receive everything during the training to provide a **GROOVE** Experience for your community. So long as you can connect to music, you can lead **GROOVES**! Grooving is for everybody!

I've never attended a **GROOVE** class before, but loved the videos I saw on the internet. Could I still join an education?

Absolutely, if you are meeting the requirements, you are in the right place. Several people have taken The **GROOVE** Method® training without having grooved before and turn out to be ROCKSTAR facilitators!

Where can I attend a class to try it out before I attend a training?

Please check our Class Finder on the website for classes around the world:

www.TheWorldGROOVEMovement.com - Class Finder

Please check our Calendar on the website for events around the world:

www.TheWorldGROOVEMovement.com - Calendar